



Spring Arbor of Thomasville- The Cottage



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May 2012

Cottage Management Team

Business Office Manager Revonda Shortt
Res. Care Coordinator Kristin Butler
Cottage Care Coordinator Sherrie Reece
Food Service Manager Samir Krdzalic
Maintenance Director Donnie Owen



Happy Mother's Day



To All Our Beautiful Moms, "Happy Mother's Day."



The History of Mother's Day

Anna Jarvis, a young Appalachian homemaker, decided both Union and Confederate troops in the Civil War deserved better sanitary conditions. So she proposed the implementation of what she called Mothers' Work Days. Initially, no one else supported her cause. But years later, social activist Julia Ward Howe—who had been inspired by Jarvis' efforts—decided to try her own hand at uniting women against the war. Unfortunately, she, too, failed to receive formal recognition of her Mother's Day for Peace.

The women's efforts weren't for naught, however. They ignited Jarvis' daughter—also named Anna Jarvis—to begin her own crusade. The younger Jarvis created a memorial day for women in honor of her mother after the elder Jarvis died. The first Mother's Day took place in May 1908.

In 1914, the day won national acclaim when President Woodrow Wilson declared the first national Mother's Day. The event became so popular that businesses began to promote it on an unbridled level. In an ironic twist, nine years after its official introduction, Jarvis began actively opposing the broad commercialization of the holiday. To this day, Mother's Day continues to be one of the most commercially successful U.S. holidays. In fact, Mother's Day is the most popular day of the year to dine out at a restaurant in the United States.

Happy Birthday

5/8 Helen McGrady
5/19 Louise Hart




Holiday ABCs for May

M is for Maternal instincts
O is for Outward signs of love
T is for saying Thank you
H is for Honoring mom
E is for Everything she's done
R is for Remembering her support
S is for Sacrifices she made
D is for her Dedication
A is for Always being there
Y is for Youthful memories together



Deanna & Tonya planting the Herb Garden!

Sunday	Monday	Tuesday
<p>National Smile Month National Salad Month Older American Month Women's Health Care Month</p>	<p><i>May</i></p>	<p>1</p> <p>9am Life Skills 10:30 Story Time With Sara 2pm Ice Cream on the Porch! 4pm Courtyard Games</p>
<p>6</p> <p>9am Life Skills 10:30am Bible Stories 1-4pm Visits With Family & Friends 6pm Sunday Night at the Movies</p>	<p>7</p> <p>9am Life Skills 10:30am Chair Aerobics 12-2pm Picnic in the Park! 2-4pm Music in the Courtyard</p>	<p>8</p> <p>9am Life Skills 10:30 Puzzles With Sara 2pm Ice Cream on the Porch! 4pm Courtyard Games</p>
<p>13</p> <p> Mother's Day</p>	<p>14</p> <p>9am Life Skills 10:30am Chair Aerobics 2pm Parachute Time 3pm Music With Porch Pals</p>	<p>15</p> <p>9am Life Skills 10:30 Music With Sara 2pm Ice Cream on the Porch! 4pm Courtyard Games</p>
<p>20</p> <p>9am Life Skills 10:30am Bible Stories 1-4pm Visits With Family & Friends 6pm Sunday Night at the Movies</p>	<p>21</p> <p>9am Life Skills 10:30am Chair Aerobics 12-2pm Picnic in the Park! 2-4pm Music in the Courtyard</p>	<p>22</p> <p>9am Life Skills 10:30 Crafts With Sara 2pm Ice Cream on the Porch! 4pm Courtyard Games</p>
<p>27</p> <p>9am Life Skills 10:30am Bible Stories 1-4pm Visits With Family & Friends 6pm Sunday Night at the Movies</p>	<p>28</p> <p> MEMORIAL DAY</p>	<p>29</p> <p>9am Life Skills 10:30 Story Time With Sara 2pm Ice Cream on the Porch! 4pm Courtyard Games</p>

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>9am Life Skills 1030am Stretch for the Sky 1130am Lunch Outing With Sherrie 2pm Glamour Nails 4pm the Game of Things</p>	<p>3</p> <p>9am Life Skills 1030am Ball Toss With Earl 2pm What's Cooking With Louise? 4pm News & Views</p>	<p>4</p> <p>9am Life Skills 1030am Sittercise 2pm Hand Massage 3pm Happy Hour 4pm Dancing to the Oldies!</p>	<p>5</p> <p>9am Life Skills 1030 Hall Walking With Friends 1-4pm Rocking Chair Pals 7pm Lawrence Welk Show</p>
<p>9</p> <p>9am Life Skills 1030am Stretch for the Sky 1130am Lunch Outing With Sherrie 2pm Glamour Nails 4pm the Game of Things</p>	<p>10</p> <p>9am Life Skills 1030am Ball Toss With Allen 2pm What's Cooking With Martha? 4pm News & Views</p>	<p>11</p> <p>9am Life Skills 1030am Sittercise 2pm Hand Massage 3pm Happy Hour 4pm Dancing to the Oldies!</p>	<p>12</p> <p>9am Life Skills 1030 Hall Walking With Friends 1-4pm Rocking Chair Pals 7pm Lawrence Welk Show</p>
<p>16</p> <p>9am Life Skills 1030am Stretch for the Sky 1130am Lunch Outing With Sherrie 2pm Glamour Nails 4pm the Game of Things</p>	<p>17</p> <p>9am Life Skills 1030am Ball Toss With Donald 2pm What's Cooking With Betty? 4pm News & Views</p>	<p>18</p> <p>9am Life Skills 1030am Sittercise 2pm Hand Massage 3pm Happy Hour 4pm Dancing to the Oldies!</p>	<p>19</p> <p>9am Life Skills 1030 Hall Walking With Friends 1-4pm Rocking Chair Pals 7pm Lawrence Welk Show</p>
<p>23</p> <p>9am Life Skills 1030am Stretch for the Sky 1130am Lunch Outing With Sherrie 2pm Glamour Nails 4pm the Game of Things</p>	<p>24</p> <p>9am Life Skills 1030am Ball Toss With Allen 2pm What's Cooking With Peggy? 4pm News & Views</p>	<p>25</p> <p>9am Life Skills 1030am Sittercise 2pm Hand Massage 3pm Happy Hour 4pm Dancing to the Oldies!</p>	<p>26</p> <p>9am Life Skills 1030 Hall Walking With Friends 1-4pm Rocking Chair Pals 7pm Lawrence Welk Show</p>
<p>30</p> <p>9am Life Skills 1030am Stretch for the Sky 1130am Lunch Outing With Sherrie 2pm Glamour Nails 4pm the Game of Things</p>	<p>31</p> <p>9am Life Skills 1030am Ball Toss With Earl 2pm What's Cooking With Deanna? 4pm News & Views</p>	<p style="text-align: center;">National Barbecue Month</p> 	

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