



Spring Arbor of Hendersonville The Cottage



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Administrative Staff

Joy Hougan	Executive Director
Helen Piscitelli	Business Office Manager
Gail Webb	Resident Care Coordinator
Sharlyn Hamilton	Marketing Director
Phil Minnick	Maintenance Director
Jude Mohammed	Food Service Director
Daphne Neal	Activities Director
Maggie Grier	Cottage Care Coordinator
Shena Mintz	Community Relations

May 2012



Ben and Frances Hall decorating our Easter tree with Becky Mitchell



Look at our Easter tree!



Relma enjoying vanilla ice cream during our cookout



Peggy enjoying a burger during the cookout!

Something New!



This month we will be starting a family support group for Cottage family members!


The main purpose of this group will be to provide an opportunity for family members to communicate with other families who have residents in our cottage. Please contact Maggie Grier if you are interested in participating in our support group. Meeting time and location will be announced.



Famous Faces Born in May

- May 3, 1903: Bing Crosby
- May 7, 1950: Tim Russert
- May 8, 1884: Harry S. Truman
- May 9, 1946: Candice Bergen
- May 13, 1950: Stevie Wonder
- May 16, 1955: Olga Korbut
- May 18, 1946: Reggie Jackson
- May 22, 1844: Mary Cassatt
- May 26, 1951: Sally Ride
- May 29, 1917: John F. Kennedy

Sunday	Monday	Tuesday
		Chocolate Parfait Day! 1 9:30 Exercise 10:30 Daily Highlight 11:00 Charades 2:30 Chocolate Parfaits 4:00 Sing A Long
Music Week! 6 9:30 Lounge and Leisure 10:30 Devotions 1-2 God's Handiwork W/Betty AL 3:00 Royal Treatment 3-4 Devotions W/ Scarlett	7 9:30 Stretch and Movement 10:30 News and Views 2:00 Cinco De Mayo Social 4:00 Monday Hand Massage Happy B-day Jessica Inek!	Have a Coke Day! 8 9:30 Exercise 10:30 Daily Highlight 11:00 Walking Club 1:30-2:15 Connestee Combo AL 2:00 Coke Floats in the Courtyard 3:30 Read With Me
Happy Mother's Day! 13 9:30 Lounge and Leisure 10:30 Devotions 11:00 Mother's Minute 1-2 God's Handiwork W/Betty AL 3:00 Royal Treatment 3:30-4 King's Grove Baptist Church Service AL	Dance Like a Chicken Day 14 9:30 Movin and Groovin 10:30 Daily Highlight 11:00 Creativity Time 1-2 Salvation Army 3:30 Monday Hand Massage 4:00 Pictionary	15 9:30 Exercise 10:30 Daily Highlight 11:00 Reminisce 2:30 Men's Club
20 9:30 Lounge and Leisure 10:30 Devotions 11:30-12 St. James Episcopal Church Service AL 1-2 God's Handiwork W/Betty AL 3:00 Royal Treatment 3-4 Calvary Baptist Church Service AL	21 9:30 Stretch and Movement 10:30 News and Views 1:30 Gardening 2:00 Lemonade and Cookie Social 3:30 Monday Hand Massage	22 9:30 Exercise 10:30 Daily Highlight 1:30 Trivia 3:00 Vanilla Pudding Social in Court Yard 4:00 Variety Time
27 9:30 Lounge and Leisure 10:30 Devotions 1-2 God's Handiwork W/Betty AL 3:00 Royal Treatment 3-4 Devotions W/ Scarlett	Memorial Day 28 9:30 Stretch and Movement 10:30 Reminiscing Memorial Days of Our Past 11:00 Memorial Day Craft 2:00 Root Beer Floats 3:30 Monday Hand Massage	29 9:30 Exercise 10:30 News and Views 11:00 Comedy Hour 2:00 Parachute

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>9:30 Movin and Groovin 10:30 News and Views 11:30 Pet Visits With Buddy 1:30 Gardening 4:30 Range of Motion</p>	<p>3</p> <p>Day of Prayer</p> <p>9:30 Stretch and Movement 10:30 Daily Highlight 2:00 Sing A Long 2:30 Popsicles in the Courtyard 6:30-7:30 Mudd Creek Baptist Church AL</p>	<p>4</p> <p>9:30 Exercise 10:30 Daily Highlight 1:30 Arts and Crafts *Free Five Minute Back Rub* 6:30 Friday Night Movie and Popcorn</p>	<p>5</p> <p>Cinco De Mayo</p> <p>9:30 This Day in History 10:30 Walking Club 2:00 Pretzel and Coke Social 7-8 Lawrence Welk Show</p>
<p>9</p> <p>Lost Sock Day!</p> <p>9:30 Stretch and Movement 10:30 Daily Highlight 11:30 Pet Visits W/Buddy 2:00 Ice Cream Social 4:30 Range of Motion 6:45-7:45 Mennonite Choir AL</p>	<p>10</p> <p>9:30 Exercise 10:30 News and Views 11:00 Comedy Hour 3-4 Ladies' Happy Hour 3-4 Men's Club</p>	<p>11</p> <p>9:30 Movin and Groovin 10:30 Daily Highlight *Free Five Minute Back Rub* 2:00 Pictionary 3:30 Banana Splits</p>	<p>12</p> <p>9:30 This Day in History 10:30 Saturday Morning Movie 2:00 Variety Time 7-8 Lawrence Welk Show</p>
<p>16</p> <p>Happy B-day Becky Mitchell!</p> <p>9:30 Stretch and Movement 10:30 News and Views 11:30 Pet Visits W/Buddy 2:00 Read With Me 4:30 Range of Motion</p>	<p>17</p> <p>9:30 Movin and Groovin 10:30 Daily Highlight 1:30 Story Line Creations 3:30 Royal Treatment</p>	<p>18</p> <p>Limerick Day</p> <p>9:30 Exercise 10:30 News and Views *Free Five Minute Back Rub* 2:00 Read With Me</p>	<p>19</p> <p>9:30 This Day in History 10:30 Walking Club 2:00 Bingo 7-8 Lawrence Welk Show</p>
<p>23</p> <p>9:30 Exercise 10:30 Daily Highlight 11:30 Pet Visits W/Buddy 2:30 Creativity Time 4:30 Range of Motion</p>	<p>24</p> <p>Happy B-day Mary Mathis</p> <p>9:30 Movin and Groovin 10:30 Daily Highlight 2:00 Parachute 3-4 Ladies' Happy Hour 3-4 Men's Club</p>	<p>25</p> <p>9:30 Stretch and Movement 10:30 Daily Highlight *Free Five Minute Back Rub* 1:30 Scenic Drive 3:00 Ball Toss</p>	<p>26</p> <p>9:30 This Day in History 10:30 Saturday Morning Movie 2:00 Variety Time 7-8 Lawrence Welk Show</p>
<p>30</p> <p>9:30 Stretch and Movement 10:30 Daily Highlight 11:30 Pet Visits W/Buddy 2:00 Read With Me 4:30 Range of Motion</p>	<p>31</p> <p>9:30 Exercise 10:30 News and Views 1:30 Comedy Hour 3:00 Gardening</p>	<p>MEMORIAL DAY</p> 	

May 2012



Staff pose with Tom Marshall for a picture during our anniversary cookout!

Flower of [May]

Botanical name | *Convallaria majalis*

Other names | May Bells, Our Lady's Tears

Description | Small bell-like blooms on a short delicate stem

Colors | White, pink

Facts | All parts of the plant are poisonous if ingested. This flower is popular for weddings because of its delicate and romantic shape.

[Lily of the Valley]

Meaning |
Sweetness, return of happiness

